## Meek 7: One Door Closes, Another Opens

(Rashid, 2008)

| An important door that closed on me was:  |
|---|
| and the door that opened as a result was: |
|   |
| An important door that closed on me was:  |
| and the door that opened as a result was: |

Please reflect upon the exercise you just did and briefly respond to the following questions:

- 1. How long after these doors closed were you able to see the doors that opened?
- 2. What, if anything, tends to get in the way of your ability to see the open doors?
- 3. What can you do in the future when doors close on you to more readily find the open doors?