

## **Singing Series – Grease/Rhythm Of Life**

**Level:** Beginner/Suitable for all

**Number of Sessions:** Six

**Session Duration:** 30 mins

**Series Duration:** 3 hours

**Type:** Singing

**Trainer:** Lindsay Ashworth Fraser

**Resources:** See Separate Folder

### **Singing Series Overview**

This series will focus on diction and enunciation agility. Our bespoke sessions will teach you how to improve your diction and consonant production; how to use these skills to become a proactive singer rather than a 'follower'; and how to hold complex counter melodies alongside other vocal lines. By the end of the series your mouth & mind will be more nimble & efficient; you will have renewed confidence with tricky lyrical & musical passages; and you will have learned 2 repertoire songs for this series which both concentrate on improving your diction. Our repertoire songs this series are '**We Go Together**' and '**Rhythm Of Life**'.

### **Session 1 – Diction and Tongue Twister Warm-Ups**

Lindsay guides you through some warm-up exercises that will improve your diction to make you a more confident and front-footed singer. This video will give your mouth a great work out as well as sharpening the mind and taking you through a good deal of vocal range.

### **Session 2 – 'We Got Together' (Part 1)**

We begin our first repertoire song of the series. It will introduce you to fast diction within the context of a song while keeping the harmony fairly simple to let you concentrate on your enunciation.

### **Session 3 – 'We Got Together' (Part 2)**

We continue and finish working on our first repertoire song. By the end you will feel confident holding your vocal part due to our hard work committing the lyrics to muscle memory so that you can relax and enjoy performing the song.

### **Session 4 - 'Rhythm Of Life' (Part 1)**

We begin our 2nd repertoire song of this series. The song is made up of many different rounds, mostly in 3 parts. We will break the back of lyrics, rhythms and musical passages that we will see repeated throughout the song so that we can begin to sing them into our muscle memory.

### **Session 5 - 'Rhythm Of Life' (Part 2)**

We continue working on the song and tackle the last of the very difficult rhythms and lyrics and consolidate what we learnt in the previous session. You will begin to notice that some of the passages are becoming more automatic as your hard work begins to pay off.

### **Session 6 - 'Rhythm Of Life' (Part 3)**

Having covered the hardest sections in the previous videos, this is a fairly easy session to complete our learning of this song which gives us a chance to give it a good sing through and become more

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familiar of the geography of the song. Enjoy the huge sense of achievement having completed this song as it has some extremely challenging passages for all vocal parts.